



Understanding what makes  
your toddler tick - the key to  
a happy, well-balanced child



## Newsletter #02 - April 2008

Latest News

Dear Toddler Sense Parents,

Welcome to this month's newsletter. I trust you had special times with your family over the Easter holidays and if you went away, returned safely to your homes. We have loads of information for you this month, so take a look to find something of interest to you.

Nicky Bush, one of our speakers at the upcoming "Netcare Toddler Sense Seminars 2008" shares her expert knowledge with us with an article entitled "Face to Face Time". In this article she highlights the importance of eye contact with your child – a thought provoking article indeed.

Our other prestigious contributor this month, and also a speaker at the seminars, Anne Cawood (author of *Children need boundaries*: Metz Press: 2007) gives us some wise insight into our toddlers behaviour in an article entitled "Toddlerhood – the first stage of Adolescence"

As a mother of two teenagers, I have to agree that there is a huge similarity between a toddler and a teenager. In fact, I use toddler taming techniques most effectively with my girls!

As the mercury begins to drop and the evenings start to close in, I hope the power outages have not been affecting you too much. If you do need to use alternate sources of power, please remember to keep matches, paraffin and open flames and candles away from your toddlers prying fingers. Accidents can happen in a split second, and it is scary to realize how flammable the items in our immediate home surroundings are.

Take a look at my guide to manage burns and scalds so that you are prepared for any accidents that may happen, and don't forget to keep those emergency numbers handy.

Remember to book for the Toddler Seminar of the year – the Netcare Toddler Sense Seminars 2008, to be held in Gauteng on 24 May. It promises to be a morning or afternoon (you choose) of excellent information, good fun, scrumptious high tea and great prizes.

Please share your toddler stories with us, ask us questions that may be troubling you, and send us a piccie of your precious tot for our brag book.

Until next month,  
Best wishes,  
Ann

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