



Understanding what makes your toddler tick - the key to a happy, well-balanced child



Newsletter #03 - May 2008

Latest News

Dear Toddler Sense Parents,

Welcome to our Mothers day newsletter – it is hard to believe that we are already in the month of May and the first half of the year is ending soon.

As you will notice, this months newsletter has come out a bit late, and for this I do apologise. Between myself and Minyon (my very able web master, or should I say web madam?) we got into a bit of a muddle, which goes to show that I am not as organized as I think I am!

My husband and I and our two daughters have just returned from a glorious sojourn to Port Alfred in the Eastern Cape for a short holiday. It is 3 years since I was last in that part of the world, and I had forgotten how absolutely beautiful it is. Part of our holiday involved going to Grahamstown to investigate Rhodes University for our eldest daughter Ellen, who hopes to study there next year. I must say, it is quite a daunting process knowing what is the right thing to do in terms of guiding your child into this new stage of life – one I certainly don't feel old enough to be doing, or in any way equipped to do! I remember having these same feelings when she turned three and was now ready to go to 'proper' nursery school after being quite happy in a little crèche/playgroup till then. Anxiety about choosing the right school (did it have qualified teachers, big enough playgrounds and so on) were uppermost in my mind then, and I guess not much has changed 15 years later! Now, of course, it is a different set of worries such as academics, access to unlimited partying and ensuring an actual place at the university. I am sure that it shall be easier when we embark on the same escapade when it is Maeves turn in 4 years time. Like any step of parenting, the first of anything is always the most daunting. For tips on choosing the right nursery school for your 3 year old, check out this month's article.

May is Mothers Day month, so to all you fantastic and dedicated moms out there – have a beautiful day-you deserve a special day just for you!

For those of you who haven't yet booked for the toddler seminar of the year, don't forget the [Netcare Toddler Sense Seminars](#) taking place in Gauteng on 24th May. This promises to be a morning or afternoon (you choose) of fabulous information regarding your toddler, as well as fantastic prizes and giveaways.

Look out for Great Expectations (ETV) on Monday 12 May (repeated on Sat 17th), where I will be discussing introducing your toddler to a new sibling, and the thorny issue of sibling rivalry.

Have a lovely month,
Best wishes,
Ann

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