



Understanding what makes your toddler tick - the key to a happy, well-balanced child



Newsletter #09 – July 2009

Latest News

Dear Mums and Dads,

NOTE: We have just updated our website, please [click here](#) to take a look at the new design and tell us what you think.

It is hard to believe that the first half of the year is long gone already. Winter is officially here – dark mornings, early evenings and chilly days will be the order of the day for a while. However, there is something to be excited about! At long last I can confirm that the long-awaited Toddler Sense Seminars are being held countrywide in the Spring!

In association with the TOPTOTS group, I will be hosting a [seminar bursting with toddler information](#) to assist you through these very tricky years. Those of you who are already on the mailing list may have already received your invitation. If you are not on our mailing list, and need more information about the [Toddler Sense Seminars](#), please [subscribe to our newsletter](#). I look forward to meeting you all in Jhb, Cape Town, PE, Durban, Pietermaritzburg, Polokwane, Middleburg and White River. The bookings open on 1 August 2009, so watch this space!

I was invited to present a morning [seminar on babies and toddlers in Windhoek](#), Namibia on 25 April 2009. 310 delegates attended the seminar, which was sponsored by EduNews parenting magazine and MediClinic. I so loved meeting so many fantastic Namibian parents, and was completely overwhelmed with your genuine warmth and hospitality. I look forward to returning to your beautiful country soon. To see some pics from the seminar, [click here](#).

This month we will continue with the next article on your toddlers language development, and will focus on [language development from 2 – 3 years](#). You can access this article [here](#).

I was fortunate to attend a workshop facilitated by Carol Bailie, entitled “[The Five Languages of Love](#)”. Carol has written an insightful article for us this month about these five languages of love that you can use with your children. To access this article, [click here](#).

As most of you know, I am a passionate advocate of vaccination. The very dated MMR controversy will simply not die! I have included a very [thought provoking article](#) this month which will hopefully put this issue to bed forever!

For those of you who may be pregnant again, or have a small baby in the house once more, don't forget the annual [Johnsons Baby Sense Seminars](#) which begin countrywide in August 2009. I look forward to meeting you in Jhb, CT, Pe and Durban. Click here for more information, or visit [www.babysense.co.za](#). I have also been writing for an amazing new South African website [www.peasinapod.co.za](#), which will send you a week by week pregnancy update newsletter. They also have a great on-line shop where you can purchase really stunning and unusual goodies whether you are looking for preggie underwear, or toddler babygro's.

In conclusion, please don't forget about our community project with [ACFS](#) (African Childrens Feeding Scheme) and consider a monthly donation to feed a child on a daily basis. For more information on how you can make a difference, [click here](#).

My computer crashed a few weeks ago, and I lost my address book that contained all the newsletter subscriber addresses from June 2008! If you are not a regular subscriber, or would like to be re-added to the data base, please [subscribe to our newsletter](#).

All the best,

Ann Richardson RN, RM

Private Nurse Practitioner
Author and Parent Coach
Lonehill, Johannesburg
Tel: 011 705-2711
Email: info@toddlersense.co.za