



Understanding what makes your toddler tick - the key to a happy, well-balanced child



Latest Newsletter: Nov 2010: Brought to you by Sr. Ann Richardson, the Sense-Able Baby and Toddler Expert

Latest News

Dear Toddler Sense Family,

Yay! Summer is finally here, the first rains have begun and it is 6 weeks to the summer solstice. I am particularly glad that it is this time of the year as it means I can start to wind down a bit now that the Toddler Sense Seminars are over. The 2010 roadshow was a resounding success and it was an absolute honour for me to meet and engage with over 1000 moms, dads, grannies and caregivers across the country. The two guest speakers this year; play therapist Shannon Eggers who spoke with passion about the power of play, and Lizette Van Huyssteen who made us all think about what TV watching is doing to our overall development, added tremendous depth and value to the seminars. Thank you for your valued input.

[Click here](#) to read Shannons article this month entitled “ [The True Value of Play](#)”, or go to the Explore Play website on [www.exploreplay.com](http://www.exploreplay.com) to read more about this wonderful DVD series which gives you great ideas how to stimulate and play with your child.

[Click here](#) to read Lizette’s follow up article entitled “[Making the most of Television](#)”, or go to [www.practicaprogram.co.za](http://www.practicaprogram.co.za)

Thank you once again to the TOPTOTS group of mother and child workshops who partner me in this initiative [www.toptots.co.za](http://www.toptots.co.za) , as well as all our wonderful sponsors; Abbott Nutrition, Floradix, Addvance, Media 24, Metz Press, Aspen GSK vaccines and Pick and Pay who sponsored the wonderful funky toddler lunchboxes used as goody bags.

As usual, we partnered up with a local charity at each event and we are happy to report that many moms brought in wonderful donations on the day and also signed up to be donors on a continuing basis. Thank you all for your generosity of spirit and your willingness to make a difference in a child's life. Thank you too to all the companies that donated prizes and supplied gifts and samples for the goody bags.

A special “thank you” to Amy from Growbabygrow [www.onlinebabyzone.com](http://www.onlinebabyzone.com) who sponsored the national prize of a Quadro Basic Jungle Gym to a lucky recipient who completed the research form. For more information on these stunning jungle gyms go to <http://www.quadro.co.za> . The research is currently being evaluated – as soon as it is ready, I will share some of the interesting data with you and announce our grand prize winner!

**Does your toddler have 24 hour room service in your home at night?** If you are [still offering your toddler milk bottles during the night](#) in the desperate quest for more sleep, then salvation is at hand! [Click here](#) for a step by step guide to break this nasty habit, and look forward to some delicious sleep!

I will be conducting a few “[Sr Ann’s Sense-Able Baby and Toddler Workshops](#)” in the first bit of next year, and look forward to meeting you all.

**Secunda:** 24 February 2011: Contact Sr Oggie Bortslap 082 336 7481 : **Nelspruit/White River:** 5 March 2011: Contact Angie Harrison 0832493342: **Windhoek and Swakopmund, Namibia:** April 2011 (date to be advised): Contact <mailto:info@edunews.com>

**Need an unusual Christmas gift for family this year ?** Contact Paul Hugo at First Light Videos who will “scrapbook” all your precious photographs into a memorable DVD. <mailto:firstlightvideo@mweb.co.za> 082 805 4707

**For all your aupair requirements,** I highly recommend AuPair Extraordinaire: [www.aupairextraordinaire.co.za](http://www.aupairextraordinaire.co.za) Justine: 082 874 2418

Until next time, please remember water safety this summer and buckle up!

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