



Dear Toddler Sense Family,

Dear Mums and Dads, Grannies and Grandpas, Uncles, Aunts and Godparents of all your precious toddlers. After a long and cold winter, the jasmine is finally blooming, the buds are on the trees, and we have summer days to finally look forward to.

Toddlerhood is like spring

Toddlerhood is almost like spring, if you think about it. When our children are infants, we are constantly anxious and uncertain that we are doing everything right (especially so with our first babies!) – we worry about whether they are underweight or overweight, hot, cold, awake or asleep – that our lives seem to be all consumed with this new addition to the family. But, as the first birthday comes around, most of us breathe a huge sigh of relief that we have “made it” through the first year relatively unscathed!

2011 Pediasure Toddler Sense Seminars

To equip you for the tremendously exciting and heady toddler years ahead, don't miss the [Pediasure Toddler Sense Seminars 2011](#) in October coming to a centre near you. The theme of this year's seminar is WISDOM WITH SENSE and we look forward to meeting you there. A full morning programme, lots to eat and drink, fabulous prizes, including toddler furniture, weekends away and highchairs plus an amazing toddler backpack filled with wonderful goodies are up for grabs at this year's event. We pride ourselves on the exceptional speakers notes that are provided each year in a keepsake workbook for reference at home for years to come. This month, two of our guest speakers, Liz Victor, head of the TOPTOTS mother and child franchise; and Lynette van Wyk, owner of Toddlers Workshop in Port Elizabeth give us a sneak preview of the wonderful information they will be sharing at the seminar.

Winner: Funky Firefly Festive Frog Bench Giveaway

Congratulations to Louise Groenewald from Midrand who is the lucky winner of the Funky Firefly Festive Frog kiddies bench set. Enjoy!

Your journey as parents

Entering into the second year of our child's life as wiser and more intuitive parents than we were a year before is a natural progression – much like the seasonal shift from winter to spring. So, enjoy and rejoice in this wonderful journey.

This Month's Articles

[Healthy Toddler Stimulation](#)

However much we magically want to create intelligent toddlers, it is not all that simple. Most people want the best possible education for their children and are prepared to pay quite a prize for that. Very little parents realize what an important role they play in their toddler's stimulation... [read more](#)

[Constructive Play Ideas](#)

Having a child is one of the most exciting and terrifying times in your life. Exciting, as you know you are shaping a new life and terrifying as you start to doubt your abilities as a parent. I am sure most of you can relate to this. I have this theory that as we conceive, this huge amount of guilt and worry enters our body, never to leave us again... [read more](#)

Links

[Moo Moo Clothing for crawling and cruising babies](#)

[Visit our facebook page](#)

All the best,

Sr Ann Richardson RN, RM

The Sense-Able Baby and Toddler Expert,
Private Nurse Practitioner, Author and Parent Coach,
Lonehill, Johannesburg.
Tel: 011 705 2711 for appointments
www.toddlersense.co.za